



A Current Affair's Biggest Vintage Show Is Going Down This Sat



Beckley's In-Store Picnic Featured AstroTurf, Ace Accessories



Shop Decades' \$150 Shoe Sale Online During Dukes of Melrose

KALLYAS
Fully Responsive Design
Exclusively on **themeforest**

SHOPPINGCONFIDENTIAL

Where Designer Aly Scott Heads for a Major Detox in Larchmont

Friday, February 22, 2013, by [Yale Breslin](#)

Los Angeles has more stores than anyone could physically tackle, but somehow we always keep returning to the usual suspects. To break out of the rut, we've asked some local shopping and fashion gurus to provide their hidden retail gems—those unique stores around LA that we might not all know about. Cue the Beatles: We're about to get a little help from our friends.

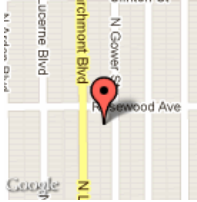


Image via [Yelp](#)

Aly Scott has been in the fashion industry for over 16 years. She's the co-founder of **JiRo**, a high-end clothing collection for women sized 0 to 24, and the creator of a wardrobe assistance service [StyleChic](#). Here, Scott reveals her favorite relaxation spot in **Mid-Wilshire**.

I love to relax at **Shape House LA** for many reasons. I have been going to the Korean spas for years to treat myself to some 'me time.' Shape House LA is an **urban sweat lodge** and I love lying in their infrared beds with my comfies on, inspired by the likes of Deepak and Wayne Dyer on my own personal flat screen TV. Getting ride of so much emotional and physical weight is so enlightening. The people working here treat you as though you are a guest in their home, stemming from the owner, Sophie, a visionary and light in her own right. My skin glows, my body is happier, and the best of all, my mind is calm and my heart shines out radiant light.

- [Shape House LA](#) [Official Site]
- [JiRo](#) [Official Site]
- [All Shopping Confidential Posts](#) [Racked LA]



SHAPEHOUSELA
434 N Larchmont Blvd
Los Angeles, CA 90004

LARCHMONT
ALY SCOTT
JILRO
MID WILSHIRE
SHAPE HOUSE LA
SHOPPING CONFIDENTIAL
STYLECHIC

Like 9

SIGN UP FOR OUR NEWSLETTER

INPUT FIELD GO

FOLLOW RACKED LA

Racked LA Like

5,241 people like Racked LA.

Facebook social plugin

WHERE TO SHOP

- [Racked's 38 Essential Stores](#) MAP
- [Racked's 38 Essential Beauty Stores](#) MAP
- [Racked's 38 Essential Vintage Shops](#) MAP
- [Racked's 38 Essential Indie Stores](#) MAP
- [LA's Best Sunglasses Shops](#) MAP
- [LA's Best Lingerie Stores](#) MAP
- [LA's Best Shoe Shops](#) MAP
- [LA's Best Swim Shops](#) MAP
- [Best Places in LA to Buy a Jacket](#) MAP

NEWS BY NEIGHBORHOOD

- Atwater Village
- Bel-Air
- Beverly Boulevard
- Beverly Center
- Beverly Grove
- Beverly Hills
- Beverly Hills: Beverly Boulevard
- Brea